



Determine the required altitude loss by subtracting the approach gate altitude from the cruise altitude.

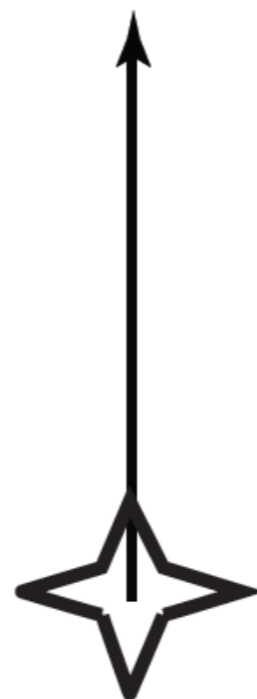
Altitude Loss Required



Calculate the descent time by dividing the total altitude loss by the descent rate. This provides you with the total time in minutes that it will take to descend.

Top Of Descent:
The point at which an airplane should begin descending from cruise to arrive, after a constant rate of descent, at the initial altitude for an approach.

Initial Approach Fix



MAP

Missed Approach

