



EQUIPPING YOUR PERSONAL SURVIVAL KIT

Category	Items
Medical	First-Aid kit, prescription meds, aspirin, splint
Shelter	Tent, poncho, fire-starting materials, matches, raft
Water	Water purification tablets, canteen, water collector
Food	Granola bars, MREs, fishing kit, survival food
Signaling	Whistle, flares, survival radio, mirror/reflector, brightly colored fabric, spare cellphone battery
Miscellaneous	Compass, quality pocket knife, flashlight, mirror, insect repellent, first-aid and survival literature